



Republic of the Philippines  
Department of Justice  
**BUREAU OF CORRECTIONS**  
Muntinlupa City



**SUPPLEMENTAL BID BULLETIN NO. 1**  
**20 September 2024**

**FOOD SUBSISTENCE FOR PDL (EPA 2025)**

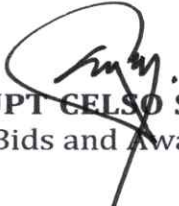
Based on the submitted document from the Food Inspection Team, the herein **ANNEX "A"** is the final menu.

Pursuant to Section 22.5 of the 2016 Revised Implementing Rules and Regulations of Republic Act No. 9184, this Supplemental/Bid Bulletin is issued for the information and guidance of all prospective bidders and shall form an integral part of the Bidding Documents issued for said the project.

Should you have further concerns, you may contact the BAC Secretariat through the details below:

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For information and guidance.

  
**C/CSUPT CELSO S BRAVO**  
Chairperson, Bids and Awards Committee

## MENU FOR THE GENERAL POPULATION

Day	Meal	Menu	Qty	Kcal	Total Kcal per day
1	Breakfast	Bread	1 pc / 75 g	210	1993.8
		Brewed Coffee	1 cup	80	
	Lunch	Steamed Rice	400 g	500	
		Chicken Adobo	80 g raw	242.8	
	Dinner	Steamed Rice	400 g	500	
Pancit Bihon with Meat		200 g cooked	461		
2	Breakfast	Steamed Rice	400 g	500	2174.15
		Hotdog	50 g raw	270.5	
	Lunch	Steamed Rice	400 g	500	
		Sauteed Upo with Meat	200g	211.65	
	Dinner	Steamed Rice	400 g	500	
Fish in Sweet & Sour Sauce		70 g raw	192		
3	Breakfast	Champorado	200 g	500	2165.25
		Tuyo	25 g raw	186.25	
	Lunch	Steamed Rice	400 g	500	
		Chicken Sotanghon	200g cooked	291	
	Dinner	Steamed Rice	400 g	500	
Fish Paksiw		70 g raw	188		
4	Breakfast	Bread	1 pc / 75 g	210	2026.4
		Brewed Coffee	1 cup	80	
		Banana	1 pc	40	
	Lunch	Steamed Rice	400 g	500	
		Pork Sinigang	80 g raw	405	
	Dinner	Steamed Rice	400 g	500	
Sauteed Sayote with Sardines		200 g	291.4		
5	Breakfast	Steamed Rice	400 g	500	2016.1
		Squidroll in Sweet & Sour Sauce	50 g raw	146	
	Lunch	Steamed Rice	400 g	500	
		Monggo Guisado with Meat	200 g cooked	178.9	
	Dinner	Steamed Rice	400 g	500	
Beef Loaf or Meat Loaf		75 g	191.2		
6	Breakfast	Steamed Rice	400 g	500	2056.65
		Longganisa	50 g raw	212	
	Lunch	Steamed Rice	400 g	500	
		Vegetable Adobo with Meat	200 g cooked	203.4	
	Dinner	Steamed Rice	400 g	500	
Dried Daing		25 g raw	141.25		
7	Breakfast	Chicken Arroz Caldo	200 g cooked	426	2006.4
		Boiled Egg	55 g raw		
	Lunch	Steamed Rice	400 g	500	
		Fish Tinola	70 g raw	328.4	
		Banana	1 pc	40	

## ANNEX A

## MENU FOR THE GENERAL POPULATION

Day	Meal	Menu	Qty	Kcal	Total Kcal per day
	Dinner	Steamed Rice	400 g	500	
		Sardines in Tomato Sauce	77.5 g	212	
8	Breakfast	Bread	1 pc / 75 g	210	2038.4
		Brewed Coffee	1 cup	80	
	Lunch	Steamed Rice	400 g	500	
		Mixed Veg with Meat	200 g cooked	246.4	
	Dinner	Steamed Rice	400 g	500	
Chicken Lomi		200 g cooked	502		
9	Breakfast	Steamed Rice	400 g	500	2255.73
		Dried Fish	25 g raw	141.25	
	Lunch	Steamed Rice	400 g	500	
		Pork & Tofu in Black Bean Sauce	80 g raw	255.98	
	Dinner	Steamed Rice	400 g	500	
Misua Patola with Meat		200 g cooked	358.5		
10	Breakfast	Steamed Rice	400 g	500	2346.4
		Macaroni Soup	200 g cooked	473	
	Lunch	Steamed Rice	400 g	500	
		Pinakbet with Meat	200 g cooked	201.4	
	Dinner	Steamed Rice	400 g	500	
Fish Adobo		70 g raw	172		

*\*All pork menu must be substituted with chicken for Muslim and Seventh Day Adventist*